



Troy Parks and Recreation

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted.

Staff will try their best to meet everyone's needs, but if behavior problems persist, you will be asked to provide an aide or to withdraw from the activity.



March/April 2010

DEAR PARENTS & FRIENDSHIP CLUB MEMBERS:

Hang in there, spring is right around the corner! I know I am looking forward to warmer weather and getting outside more. Hope everyone had a wonderful Valentine's Day and are looking forward to the upcoming holiday season.

PLEASE NOTE: Just a reminder that all participants must have a membership form on file in the Parks and Recreation Office. If you do not have a membership form on file, then stop at the Community Center front desk or call 248-524-3484 and we will mail one to you. Once you turn in this form we will mail you a membership card. Only members that have a current form on file will receive the newsletter.

Thank you!

PUNCHCARD PAYMENT SYSTEM AVAILABLE!!! Save money by using a PUNCH CARD!!!

This can be used to pay for **Movie and Pizza, Karaoke and Dancing, Friday Frolic, and Bingo**. These activities are \$5.00 per person at the door. Purchase a punch card at the front desk for \$41 for residents of Troy and \$46 for non-residents. This will result in a savings of \$9 for residents and \$4 for non-residents over paying at the door. This punch card is good for admission into ten of these events.

You can save money by purchasing and using the punch card for these events.

Bowling will remain \$5.00 for all participants, payable at the door.

There is no refund for lost or stolen cards, so be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. This card can be purchased with cash, check or credit card (Mastercard or Visa) at the front desk at the Community Center.

PLEASE DO NOT DROP PARTICIPANTS OFF EARLY FOR AN EVENT AND LEAVE. LIKEWISE, PLEASE BE AVAILABLE TO PICK UP YOUR PARTICIPANT NO LATER THAN THE LISTED CLOSING TIME. THE PARKS AND RECREATION FRONT DESK STAFF ARE NOT RESPONSIBLE!!

Thanks for your cooperation!

Elaine Torvinen

Trip date has changed to accommodate conflict with Special Olympics event.

Overnight trip to the Sterling Inn

Saturday April 24-25, 2010

Departs 1:00pm Sat.

Returns 4:00pm Sun.

Activity 135301D

Fee: \$175.00 resident

\$180 NR

Join your Friendship Club friends at an overnight trip to the Sterling Inn. We will spend time exploring the indoor water park and the arcade and will be served a buffet dinner and breakfast at the hotel. After breakfast on Sunday we will head over to Joe Dumars and enjoy a game of miniature golf and lunch before heading back to the Community Center. Please state who you would like to room with when registering. Volunteer chaperones will be needed for this trip. If you are interested in being a chaperone please contact Elaine Torvinen at 248-524-3484. A non-refundable \$50 deposit is due by Mar. 22. Balance due Apr. 19. Cancellation after Mar. 24 incurs \$100 cancellation fee unless we can fill your spot.

Bowling note!!!!

There will be no bowling on March 6 & 13 and on March 20

we will return to our regular time of 11:00am -1:00pm.

SOFTBALL

Register now for the 2010 softball league. Practices begin on May 4 and will be held on Tuesdays and Thursdays from 6:30- 8 pm at Raintree Park. This league is for ages 13 and older. We will move to Firefighters Park in June. Games begin in late May through the end of July on Thursdays at 6:30 p.m. Tuesday practices will continue throughout the season. The fee is **\$50 for residents and \$55 for non-residents** and this includes coaches and an end of the season picnic. **To register, ask for Activity 125338G.** Space is limited. If you want to be placed on the same team as another player for car pool reasons, etc. please indicate this when you register. **Please register early!!!**

DINER'S CLUB

1st Monday - Please register by Friday prior to event.

Time: 6:30-8:15 p.m. Meet at the restaurant.

Cost: \$20 Residents, \$22 Non-Residents includes dinner, beverages, tip, chaperones.

Monday, March 1 Act. # 135300H Mr. B's 3946 Rochester Rd. (at Wattles) 248-689-6070

Monday, April 5 Act. # 135300J Red Robin 5460 Corporate Dr (Crooks at I-75) 248-265-4690

MOVIE AND PIZZA

2nd Monday Time: 6:30-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$5 at the door. (includes movie, drink, and a pizza snack). Preregistration is not required.

Aides may purchase pizza \$1/slice. Please place your order when you check in.

Monday, March 8 Penguins of Madagascar

Monday, April 12 Princess and the Frog

FRIDAY FROLIC DANCE

2nd Friday of each month except July and August. Dancing with a DJ and refreshments.

March 12 and April 9

Time: 7 - 9:30pm **Location:** Troy Community Center

Cost: Punch card or \$5 at the door. Aides can purchase pizza for \$1per slice by purchasing a ticket(s) at the registration table. Preregistration is not required.

KARAOKE AND DANCING

3rd Monday - Have fun while singing along with latest and greatest artists. Pop and chips will be served. Feel free to dance along. Bring your favorite CD if you want to sing.

March 15 and April 19

Time: 7 - 8:30pm **Location:** Troy Community Center

Cost: Punch card or \$5 at the door. Aides may purchase pop and chips for \$1. No preregistration required.

BINGO NIGHT

4th Monday - Prizes will be given to the winners and we will break for refreshments.

March 22 and April 26

Time: 7-8:30 pm **Location:** Troy Community Center

Cost: Punch card or \$5.00 at the door. **No pre-registration required**

Aides may purchase pop and chips for \$1.

MY CHANCE TO DANCE

Winner of the 2002 Governor's Amateur Athletic Event Award, this dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build on success! Wheelchairs and walkers welcome!! **Payment should be made to the instructor at class.** The fee is \$6 per class for drop-in students or \$40 for eight classes paid in advance. **ATTN MORC Clients:** Ask your support coordinator how you can attend this class for FREE!

Day	Time	Location	Begins	Ends
Thursdays	7:00-8:00pm	Big Beaver First United Methodist Church 3753 John R In the Gym/Multi-purpose room	Feb. 18	April 29

Time should have said 6:30-7:30pm

DAYTIME FRIENDSHIP CLUB

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions. The fee is \$70 per month for one day a week or \$140 for both days for residents and \$75 per month for one day per week or \$150 for both days for non-residents.

Pre-registration is required and you must register for the entire month. Please let us know if you have any questions. You can call Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov.

Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.

We ask that new participants attend with a family or staff member on a Tuesday or Thursday prior to registering to be introduced to the program and give staff time to ask questions to ascertain the needs of the participant. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

The activity numbers are as follows:

Tuesdays

Mar. 135304J May 135304L
Apr. 135304K June 135304M

Thursdays

Mar. 135311J May 135311L
Apr. 135311K June 135311M

Daytime Friendship Club Sample Schedule

Morning – Current events & gym

Lunch – Please refer to the monthly schedule for lunch plans. One week, we may go out for lunch. One week we provide pizza and salad. The other weeks participants bring their own sack lunch.

Afternoon – The activities planned for the afternoon include community trips, walks, karaoke, dancing, movies, games, service projects, crafts, birthday parties, swimming and more!!!

Staff will try their best to meet everyone's needs, but if personal daily living needs or behavior problems persist we will ask you to provide an aide or withdraw from the program. Aides are not required to pay the \$70 fee but must pay for meals, admission fees for field trips and other incidentals. Please come prepared to pay the appropriate fee. A receipt can be issued for reimbursement purposes.

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you.

Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for reservation information. There is no charge for Medi-Go, but donations are accepted.



Special Olympics
Michigan
Oakland County

Team Troy Special Olympics Parent's Page
(248) 524-3484 3179 Livernois Troy, MI 48083

Anyone needing information regarding health forms can contact the Special Olympics office at (586) 731-0922.

ON GOING EVENTS

Basketball: Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Pre-registration is required. Minimum age: 16.

Bowling: Saturdays (except holiday weekends and July and August) from 11 a.m - 1 p.m. at Troy Lanes (Square Lake west of John R). **\$5 per week includes shoes and three games.** Drop-in. Minimum age: 10

My Chance to Dance: Thursday evenings from 7:00-8:00pm at the Big Beaver United Methodist Church September – April Minimum age 13.

Performing Arts Club: For teens and young adults with developmental disabilities. Wednesdays from 7-9 pm at the Troy Community Center. Co-sponsored by the Italian Study Group of Troy.

\$10(R) \$12(NR) annual fee for activity #145300A. This fee is waived for the first time attending and will be prorated after six months. For more information, call Denise at 248-585-5246. Minimum age: 16.

Soccer League: Spring and fall soccer is offered by the Troy Youth Soccer Ability League for physically and developmentally disabled ages five through 26. Teams are formed by age and ability. Call TYSA 248-524-0170 for information.

Softball: A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Tuesday evenings. Pre-registration by April 1 required. Minimum age: 16.

Special Events: Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.

Special Olympics: Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8. Call 586-731-0922 for more information.

Weight Watchers: Tuesdays, meets at 5:30pm and again at 6:15pm at the Big Beaver First United Methodist Church 3753 John R, Troy. The fee is .50 per week. Braille is available. Persons accompanying a program participant may participant for the same fee. Co-sponsored by ARC. Call Sharon Connelly at 248-816-1900 for details. Minimum age 13.

Wheelchair Sports: For men and women 18 and older with physical disabilities. Friday evenings at Boulan Middle School, September through March. Call Oakland County Parks at 248-858-7596 for details.

MAIL-IN REGISTRATION FORM

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____

Contact Person _____

Address _____

City _____ Zip _____

Phone _____

Signed: _____

Activity #: _____ Fee _____

Activity #: _____ Fee _____

Activity #: _____ Fee _____

TOTAL DUE: _____

Date: _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:

Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083. To register online, go to www.troymi.gov and click on the Parks and Rec. Registration button on the home page. You will need your household ID number. This number can be found in the left top corner of a receipt from Troy Parks and Rec. or by calling 248-524-3484. Use the last name of head of household for password. On the next screen, click on SHOP and then ACTIVITY ENROLLMENT. You can only register people in your own household.

March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Diner's Club Mr. Bs 6:30-8:15pm	2 Friendship Club 10am-3pm W. Watchers 5:30 & 6:15pm Basketball 6:30-8:30pm	3 Performing Arts 7:00pm	4 Friendship Club 10am-3pm My Chance to Dance 7-8pm	5	6 No Bowling
7	8 Movie and Pizza 6:30pm-8:30pm Penguins of Madagascar	9 Friendship Club 10am-3pm W. Watchers 5:30 & 6:15pm Basketball 6:30-8:30pm	10 Performing Arts 7:00pm	11 Friendship Club 10am-3pm My Chance to Dance 7-8pm	12 Friday Frolic 7-9:30pm	13 No Bowling
14	15 Karaoke and Dancing 7-8:30pm	16 Friendship Club 10am-3pm W. Watchers 5:30 & 6:15pm Basketball 6:30-8:30pm	17 Performing Arts  7:00pm	18 Friendship Club 10am-3pm My Chance to Dance 7-8pm	19	20 Return to original time slot Bowling 11am – 1pm
21	22 Bingo 7pm-8:30pm	23 Friendship Club 10am-3pm W. Watchers 5:30 & 6:15pm	24 Performing Arts 7:00pm	25 Friendship Club 10am-3pm My Chance to Dance 7-8pm	26	27 Bowling 11am – 1pm
28	29	30 Friendship Club 10am-3pm W. Watchers 5:30 & 6:15pm	31 Performing Arts 7:00pm			

April 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Friendship Club 10am-3pm My Chance to Dance 7-8pm	2	3 No Bowling
4 Happy Easter 	5 Diner's Club Red Robin 6:30-8:15pm	6 Friendship Club 10am-3pm W. Watchers 5:30 & 6:15pm	7 Performing Arts 7:00pm	8 Friendship Club 10am-3pm My Chance to Dance 7-8pm	9 Friday Frolic 7-9:30pm	10 Bowling 11am – 1pm
11	12 Movie and Pizza 6:30pm-8:30pm Princess and the Frog	13 Friendship Club 10am-3pm W. Watchers 5:30 & 6:15pm	14 Performing Arts 7:00pm	15 Friendship Club 10am-3pm My Chance to Dance 7-8pm	16	17 Bowling 11am – 1pm
18	19 Karaoke and Dancing 7-8:30pm	20 Friendship Club 10am-3pm W. Watchers 5:30 & 6:15pm	21 Performing Arts 7:00pm	22 Friendship Club 10am-3pm My Chance to Dance 7-8pm	23	24 Bowling 11am – 1pm Sterling Inn Trip
25 Sterling Inn Trip	26 Bingo 7pm-8:30pm	27 Friendship Club 10am-3pm W. Watchers 5:30 & 6:15pm	28 Performing Arts 7:00pm	29 Friendship Club 10am-3pm My Chance to Dance 7-8pm	30	